

term 3 program guide

July

August

September



Vermont South
Learning Centre

A community where all people belong and thrive

1 Karobran Drive, Vermont South, VIC
(03) 9803 2335 | info@vslc.org.au
www.vslc.org.au



Vermont South Learning Centre respectfully acknowledges the Aboriginal people as the traditional custodians of the land that we live, work and play on. We pay our respects to them and their cultures and to the Elders past, present and emerging.

We gratefully acknowledge the support of the following funding bodies:



Program Guide

July, August, September

We are thrilled to yet again be providing a wide range of courses and activities both in person and online. And with our new course guide it should be easier than ever to find your next course!

As always, should you have any questions about our courses, room hire, membership program, or just want to have a chat, please feel free to contact us via email, phone or in person.

We look forward to hearing from you soon!



1 Karobran Drive
Vermont South, VIC 3133



(03) 9803 2335



info@vslc.org.au



www.vslc.org.au



Mon-Thur: 9am-4pm
Fri: 9am-2pm

Staying safe and healthy during COVID-19

Vermont South Learning Centre will continue to follow its COVID-19 Safe Plan at all times in accordance with Government guidelines. For more information regarding our plan and the other safety measures we are taking please visit www.vslc.org.au/covid-safe



**VIEW OUR COVID
SAFE PLAN**

www.vslc.org.au/covid-safe



**VIC GOVERNMENT
COVID RESOURCES**

www.dhhs.vic.gov.au/coronavirus

Enrolments

Enrolments are confirmed by payment of course fees via EFTPOS, credit card, cheque, cash, or direct debit.

- Fees are to be **paid in full** prior to commencement of course
- If a course is cancelled a full refund will be made
- Refunds will not be provided once a course commences

Membership

We love to welcome new people to the VSLC family, and offer them a chance to have a direct say in the direction of the centre through taking up a membership.

By becoming a member you are able to attend the Annual General Meeting (AGM) where you may exercise your right to vote on the upcoming projects and initiatives for the VSLC organisation.

We are soon to be releasing further information about how to become a member, so please keep on eye out on our website and social media!

Change in restrictions

Please keep in mind that a change in restrictions may impact the ability for on-site class attendance. In this case, where possible, we will continue to deliver classes online. We are unable to provide a refund or credit for classes that can continue online.

ACFE Funded Courses

The Adult Community & Further Education Board (ACFE) provide funding support so that we may offer affordable educational courses to adult learners.



Learn Local providers are not-for-profit community organisations. They are registered and funded by the Victorian Government, via the Adult, Community and Further Education (ACFE) Board, to deliver pre-accredited training and programs.

Please Note

To support COVID-19 safe practices, for classes which involve computers we ask participants to bring their own device where possible. If not, one will be provided.

Eligibility criteria

Applies to all people who enrol in these funded courses, and applicants must be Australian residents seeking training:

- to enhance employment and/or volunteering opportunities by learning new skills; and/or
- as a pathway to further study opportunities

Ineligible applicants who wish to study ACFE Courses will be charged as full fee places at a cost of \$100 (manuals & materials extra).

Information Technology

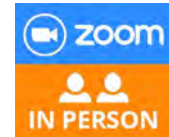
Information Technology

Discovering Computers with Scott

Start your journey of discovering what computers can do for you right here! Small steps, we promise...

- No prior knowledge required
- Plenty of time to practice and ask lots of questions

Price includes course materials



Monday 9 Aug - 13 Sep (6 weeks) 10 am - 2 pm \$72

●●○ Beginner

This is a Learn Local endorsed course.

21DIGCOMP5A

Social Media Made Easy with Jane

How we use social media is becoming more and more important. Come and learn the tricks of the trade to effectively develop your online presence.

- Practical knowledge you can use immediately

NO CLASS ON SEPTEMBER 7th

Price includes course materials



Tuesday 20 Jul - 14 Sep (8 weeks) 6:30 pm - 9:30 pm \$72

●●○ Beginner

This is a Learn Local endorsed course.

21DIGSOCNET

Start Making Digital Media with Scott

Digital media is all around us in what we see, read, and experience every day. Get the basic skills and know-how to contribute to this ever-changing landscape.

- Basic computer skills are required
- Wide range of applications and tools

Price includes course materials



Friday 30 Jul - 17 Sep (8 weeks) 1 pm - 4 pm \$72

●●○ Beginner

This is a Learn Local endorsed course.

21DIGDIGMED

Exploring Excel with Scott

Discover what opportunities the wonderful world of spreadsheets can unlock for you, and find out why people talk about Excel like they can't live without it! Only basic computer skills needed.

Price includes course materials



WEEK 1 & 2 Mon & Tue 19/20 Jul - 26/27 Jul (2 weeks) 10 am - 3 pm \$80
WEEK 3 Monday 2 Aug (1 week) 10 am - 2 pm

●●○ Beginner

This is a Learn Local endorsed course.

21VOCEXCELA

Intro to Word / PowerPoint / Publisher with Scott

Start here to learn about three of the most powerful applications on the planet! It's an exciting journey and one you won't regret beginning!

- Basic computer skills are required
- Create documents, presentations, and publications

Price includes course materials



Tuesday 10 Aug - 14 Sep (6 weeks) 10 am - 2 pm \$72

●●○ Intermediate

This is a Learn Local endorsed course.

21VOCPPW

Vocational

Vocational

From zero to XERO with Sandra

This is an introductory course that allows you to see first-hand how the power of XERO accounting software can be useful for you or your business!

- Basic computer skills are required
- Learn about Single Touch Payroll



Tuesday

27 Jul - 14 Sep (8 weeks)

6:30 pm - 9:30 pm

\$50

●○○ Beginner

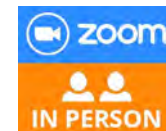
This is a Learn Local endorsed course.

21VOCINTROAS

SYOB (Start Your Own Business) with Sandra

Interested in starting your own micro-business but don't know where to start? Let's take the next step together as we dive into the nitty-gritty but also the fun parts of this exciting adventure.

- Wide range of topics covered: legal, financial, promotion etc.
- Friendly and experienced facilitator



Thu & Fri

26/27 Aug - 16/17 Sep
(4 weeks)

9:30 am - 12:30 pm

\$50

●○○ Beginner

This is a Learn Local endorsed course.

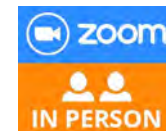
21VOCSYOB

Hospitality - First Taste with Jane

Taught right here in our on-site café, you'll learn basic hospitality skills from the ground up. This is the perfect opportunity to gain some confidence, learn something new and have fun!

- Make a simple meal each week
- Budgeting, shopping, following recipes, using basic kitchen equipment and more!

**NO CLASS ON
SEPTEMBER 7th**



Tuesday

20 Jul - 14 Sep (8 weeks)

9:30 am - 12:30 pm

\$50

●○○ Beginner

This is a Learn Local endorsed course.

21VOCBASHOS

Get Job Ready! with Sandra

Searching for your next job need not be daunting - join us as we build up your confidence through practical strategies and advice, and teach you how to craft the perfect resume!

- Interview techniques and tips
- Suitable for entering the workforce, returning to work, volunteering



Thu & Fri

29/30 Jul - 19/20 Aug
(4 weeks)

9:30 am - 12:30 pm

\$50

●○○ Beginner

This is a Learn Local endorsed course.

21EMPOFFAD

Create the Future You! with Heather

Whether it be for a new job, a career change, further study or simply volunteering, using the therapeutic and fun process of creating art, this course can assist you to increase your inner abilities.

- Begin thinking outside the box
- Gain confidence, reduce anxiety



Wednesday

21 July - 8 Sep (8 weeks)

10 am - 1 pm

\$50

●○○ Beginner

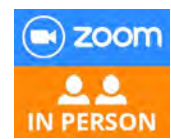
This is a Learn Local endorsed course.

21EMPARTTHE

Get Back Into It!

This course offers guidance and skills to help you get back into either work or study.

- Toolkit of strategies to help you succeed
- Develop a work/study action plan



Tuesday

3 Aug - 31 Aug (5 weeks)

9:30 am - 2:30 pm

\$80

●●● Beginner

This is a Learn Local endorsed course.

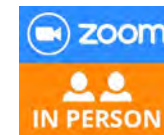
21EMPGETBACK

Adult Literacy & Numeracy

English Language Classes for Beginners *with Virginia*

Learn the basics of reading, writing, and speaking whilst having fun!

- Not suitable for absolute beginners
- Supportive environment
- Learn about Australian culture



Monday

12 Jul - 13 Sep (10 weeks)

9:30 am - 12:30 pm

\$50

●●● Beginner

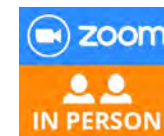
This is a Learn Local endorsed course.

21LNGEALA

English Language Conversation Classes *with Virginia*

Continuing on from our beginners' course, enhance your core communication skills in a friendly setting.

- Includes some computer work
- Focus on listening and speaking



Monday

12 Jul - 13 Sep (10 weeks)

1 pm - 4 pm

\$50

Wednesday

14 Jul - 15 Sep (10 weeks)

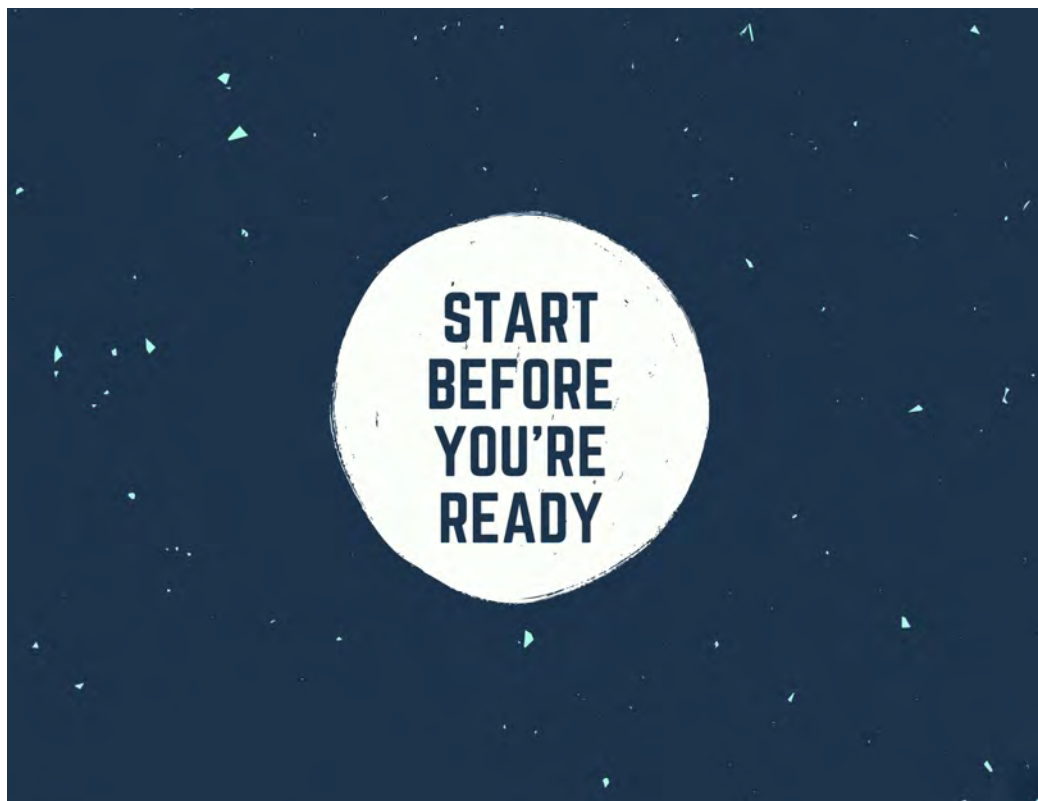
1 pm - 4 pm

\$50

●●● Intermediate

This is a Learn Local endorsed course.

21LNGEALB



Adult Literacy and Numeracy

Cooking by the Numbers *with Jane*

By working with food we'll make it fun to learn about numbers and words - who knew they could be so delicious?!

- Combines learning and cooking
- Supportive and friendly environment

**NO CLASS ON
SEPTEMBER 7th**



Tuesday

20 Jul - 14 Sep (8 weeks)

1 pm - 4 pm

\$50

●●● Beginner

This is a Learn Local endorsed course.

21ALNDBL

Children's Courses

Arty Tales - Story Time with an Arty Twist *with Heather*

Come along to hear a story and then have fun creating your own piece of art! This fun activity group is for pre-schoolers (2-5 years) and their carers (parents, grandparents, aunts, uncles, nannies etc), and is great for social connections, early literacy, developing fine motor skills and most of all having fun together.

Suitable for children 2-5 years

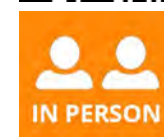
Price includes course materials

Thursday

15 Jul - 16 Sep (10 weeks)

9:30 am - 11 am

\$100



Don't limit
yourself. Go as
far as your
mind lets you.

UNKNOWN AUTHOR

Punch Needle Embroidery *with Patricia*

Punch needle is a fun, easy and versatile type of embroidery originally designed for rug making but we can make anything from rugs to soft toys, wall art and even clothes. In this workshop you'll learn the basics and create your first piece.

Suitable for children 9 years +

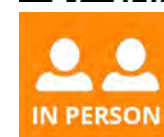
Price includes course materials

Saturday

7 August

10 am - 12 pm

\$45



Children's Courses

Creative Kids - Having FUN with ART! *with Heather*

Come and let your imagination go wild through the magic of art. Learn about colours, painting, pastels and other fun art materials while making a colourful creative art book to keep and share with family and friends.

Suitable for children 7 years +

Price includes course materials - BYO art smock

Wednesday

14 Jul - 15 Sep (10 weeks)

4 pm - 5:30 pm

\$180



Sketching for Children *with Jason*

Children will learn to sketch in 3D and improve their technique in lead pencil. Ideal for beginners or those who wish to develop their sketching skills.

Suitable for children 8 years +

Price includes course materials

Thursday

15 Jul - 16 Sep (10 weeks)

4 pm - 5:30 pm

\$180



SEPTEMBER SCHOOL HOLIDAYS

We have something very exciting coming up for our school holiday program—check out our website for more information soon!



General Interest

Cooking Workshops *with Sandra*

Have fun learning from cooking wizard Sandra as you make deliciously authentic food, and the best part is that you get to eat your creations at the end!

- JULY 14 Paella
- AUGUST 18 Pasta & Gnocchi
- SEPTEMBER 15 Rice Paper Rolls & Spring Rolls

Wednesday

14 Jul / 18 Aug / 15 Sep

6:30 pm - 8:30 pm

\$40



Money Management for Life! *with Mark*

You will learn about the philosophies, skills and tools to better manage your personal finances. This includes calculating the 'Point of Enough', building a financial plan and much more!

- Bring a laptop with spreadsheet program if possible
- Plenty of time for chatting and discussing all things money

Thursday

22 Jul - 2 Sep (7 weeks)

6 pm - 8 pm

\$50



For more information on any of our courses or activities please don't hesitate to get in touch.
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General Interest

French Conversation Classes *with Vanessa*

Consolidate your speaking skills in a relaxed atmosphere with an experienced native speaker. For students that can already express themselves on a variety of topics who want to enrich their vocabulary and use more complex tenses and sentence structures.

Class conducted mainly in French.



Friday

16 Jul - 17 Sep (10 weeks)

10 am - 12 pm

\$200

The idea is not
to live forever,
but to create
something
that will.

ANDY WARHOL

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Art & Craft

Art Classes *with Karen*

Our experienced tutor teaches a variety of art mediums: drawing skills, oil painting, water colour painting, portrait painting, pen and ink work and soft pastels. Suitable for all levels and abilities.

Ask for requirements list

Thursday

15 Jul - 16 Sep (10 weeks)

10:30 am - 12:30 pm
OR
1 pm - 3 pm

\$180



Watercolour Painting *with Karen*

Learn the techniques of water colour painting and surprise yourself with the results. Students learn the basic principles of sketching, mixing colours and using the watercolour medium.

Ask for requirements list

Tuesday

13 Jul - 14 Sep (10 weeks)

10 am - 12 pm

\$180



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Art & Craft

Drawing & Painting *with Owen*

Beginners & intermediate class covering water colour, oils, acrylics, and drawing. Includes a walk through of colour theory, colour mixing, hints to improve landscapes; structural aspects such as proportion, perspective; and 3D through shading technique & exploration of other media. Small group with individual help.

Ask for requirements list

Thursday

15 Jul - 16 Sep (10 weeks)

7:30 pm - 9:30 pm

\$180



Art & Craft

Intro to Mosaic Art *with Heather Stirling*

Join Heather, an experienced Mosaic Artist, in this exciting opportunity to learn the beautiful art of Mosaic. You will design and create an indoor mirror frame with help every step of the way! Some materials included, some are available for a small cost.

Starter kits available for purchase (\$57) - Please ask us about this when you enroll!

Saturday

28 Aug - 18 Sep (4 weeks)

10 am - 1 pm

\$100



Patchwork & Applique *with Jill*

This course offers a positive atmosphere of encouragement, sharing and fun. If you love sewing, by hand or machine, and have a passion for beautiful patchwork fabric, why not join us and create something you will be proud of. Some sewing experience is required to join this Course.

Wednesday

14 Jul - 15 Sep (10 weeks)

9:30 am - 12 pm

\$200



MOSAICS - Self Directed Group *(no tutor)*

In this group participants bring their own project and tools, and to work on them in a supportive environment where sharing of ideas and methods can flow freely.

Friday

16 Jul - 17 Sep (10 weeks)

9 am - 2 pm

\$70



Expressive Open Art Studio *with Heather*

Come along and explore your inner and outer self in a fun, creative and holistic environment. Using different mediums such as acrylic & watercolour paint, oil & soft pastels, even collage... create works of art, either realistic or abstract, that express how you are in the moment. Through creativity, you can calm the mind and sooth the emotions, release the stress and have fun exploring life at the same time. Suitable for all ability levels for ages 16+

Price includes course materials

Wednesday

14 Jul - 15 Sep (10 weeks)

6:30 pm - 8:30 pm

\$180



Punch Needle Embroidery *with Patricia*

Punch needle is a fun, easy and versatile type of embroidery originally designed for rug making but we can make anything from rugs to soft toys, wall art and even clothes. In this workshop you'll learn the basics and create your first piece.

Price includes course materials

Saturday

14 August

10 am - 12 pm

\$45



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Health, Fitness & Wellbeing

Health, Fitness & Wellbeing

Practical Meditation *with Karyn*

Learn a variety of practical, user-friendly meditative techniques for problem solving, relief of stress, discipline of the mind and heightened awareness. There are a great number of positive outcomes to be gained from the simple act of calming the busy mind. Start now by clearing the path for a better quality of life for yourself and, by extension, for those around you.



Wednesday	14 Jul - 15 Sep (10 weeks)	5 pm - 5:45 pm	\$100
Saturday	17 Jul - 18 Sep (10 weeks)	9 am - 9:45 am	\$100

Strength Training *with Muriel*

Training consisting of weight bearing and minor cardio exercises, warm up and cool down stretching. Independent and team orientated. A great way to increase strength, balance, stability and flexibility. Suitable for most ages / abilities.



Monday	12 Jul - 13 Sep (10 weeks)	12:45 pm - 1:45 pm OR 2 pm - 3 pm	\$130
Wednesday	14 Jul - 15 Sep (10 weeks)	11:45 am - 12:45 pm OR 1 pm - 2 pm	\$130

Chair Exercise *with Marie*

Chair exercise (or chair aerobics) has been added to the list of top fitness options for active health by senior lifestyle experts, and now's the time for you to consider including it in your training plan, no matter your age. You will enjoy this workout which is a milder, low-impact form of exercise for muscles, strength, mobility, balance and flexibility.



Thursday	15 Jul - 16 Sep (10 weeks)	11:30 am - 12:30 pm	\$130
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Yoga & Relaxation *with Karyn (Mon) / Cheryl (Wed)*

Gentle stretching and breathing exercise to help improve posture, strength and flexibility, and designed to protect the body and mind against stress, and help lower blood pressure. Suitable for all ages and abilities. *Bring along a yoga mat and blanket for the relaxation/meditation segment.*



Monday	12 Jul - 13 Sep (10 weeks)	6:30 pm - 7:45 pm OR 8 pm - 9:15 pm	\$150
Wednesday	14 Jul - 15 Sep (10 weeks)	5:30 pm - 6:45 pm OR 8 pm - 9:15 pm	\$150

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Social Groups

Other Activities & Services

Knitting Group

A friendly knitting and handcraft group meets socially on Monday afternoons (weekly).

Monday

12 Jul - 13 Sep (10 weeks)

1 pm - 3 pm

\$2



Social Colouring Group

There are numerous benefits to adult colouring—it can relieve stress and exercise the mind! So bring your colouring books and pencils, and be prepared to make a few friends!

Tuesday

13 Jul - 14 Sep (10 weeks)

10 am - 12 pm

\$2



Walking Group

We're carving up the streets and need your help! Join us for a fun and friendly time!

Thursday

15 Jul - 16 Sep (10 weeks)

9:15 am - 10 am

Free



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For Children

Chinese Playgroup

For further information please contact:

Jody - 0416 266 646 | jody.yuan@gmail.com

Christie - 0422 299 588 | dolphinlemon2004@yahoo.com.au

St. Andrews Greek Playgroup

For further information please contact:

Helen - 0412 958 300 | helenlambris@gmail.com

For Adults

Pilates Classes

For further information please contact:

Jenny - 0410 404 419 | jennymargeridis9@gmail.com

Stars-In-Line (Line Dancing)

For further information please contact:

Marie - 0412 296 827 | mariepietersz@hotmail.com



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Cr Raylene Carr

Deputy Mayor
Councillor for Terrara Ward

PO Box 6060

Vermont South 3133

Please contact me to discuss
any concerns you have
regarding our local community

raylene.carr@whitehorse.vic.gov.au

0400 886 889

Authorised by Raylene Carr, P.O. Box 6060 Vermont South 3133

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Neil ANGUS MP

STATE MEMBER FOR FOREST HILL



Phone: 9877 5628



4 Lawrence Street, Blackburn South 3130



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OsteoCare provides treatment for the whole family—a newborn through to the elderly. Osteopathy may help with a wide variety of conditions such as back pain, headache and migraines, pregnancy related musculo-skeletal conditions, sports injuries, childhood and teen musculo-skeletal issues and many more...



Ph: 9803 7005

Dr Brooke Franklin (Osteopath) and Associate Osteopaths Melissa, Belinda, Hayley & Jacqui



RON MUNRO Musculoskeletal Physiotherapist

MATTHEW ROSSO Physiotherapist

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Ask us about our FUNCTION ROOM


























- Children's parties
- Meeting & conferences
- Family occasions and gatherings























For more information and
booking please get in touch!

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info@vslc.org.au
03 9803 2335

Term 3 Program

COURSE / ACTIVITY	DAY	TIME	DATE
DISCOVERING COMPUTERS	 ● T W T F S S	10 AM - 2 PM	9 AUG - 13 SEP
EXPLORING EXCEL	 ● ● W T F S S	WK1 + WK 2 MON+TUE: 10 AM - 3 PM WK 3 MON: 10 AM - 2 PM	19/20 JUL - 1/2 AUG
SOCIAL MEDIA MADE EASY	 M ● W T F S S	6:30 PM - 9:30 PM	20 JUL - 14 SEP (NO CLASS 7 SEP)
START MAKING DIGITAL MEDIA	 M T W T ● S S	1 PM - 4 PM	30 JUL - 17 SEP
INTRODUCTION TO WORD / POWERPOINT / PUBLISHER	 M ● W T F S S	10 AM - 2 PM	10 AUG - 14 SEP
FROM ZERO TO XERO	 M ● W T F S S	6:30 PM - 9:30 PM	27 JUL - 14 SEP
GET JOB READY!	 M T W ● ● S S	9:30 AM - 12:30 PM	29/30 JUL - 19/20 AUG
SYOB (START YOUR OWN BUSINESS)	 M T W ● ● S S	9:30 AM - 12:30 PM	26/27 AUG - 16/17 SEP
HOSPITALITY - FIRST TASTE	 M ● W T F S S	9:30 AM - 12:30 PM	20 JUL - 14 SEP (NO CLASS 7 SEP)
CREATE THE FUTURE YOU!	 M T ● T F S S	10 AM - 1:00 PM	21 JUL - 8 SEP
 GET BACK INTO IT	 M ● W T F S S	9:30 AM - 2:30 PM	3 AUG - 31 AUG
EAL BEGINNERS	 M ● T W T F S S	9:30 AM - 12:30 PM	12 JUL - 13 SEP
EAL CONVERSATION	 M ● T ● T F S S	MON: 1 PM - 4 PM WED: 1 PM - 4 PM	12 JUL - 13 SEP 14 JUL - 15 SEP
COOKING BY THE NUMBERS	 M ● W T F S S	1 PM - 4 PM	20 JUL - 14 SEP (NO CLASS 7 SEP)
 ARTY TALES - STORY TIME WITH AN ARTY TWIST (2 - 5 yrs)	 M T W ● F S S	9:30 AM - 11 AM	15 JUL - 16 SEP
 PUNCH NEEDLE EMBROIDERY (9 yrs +)	 M T W T F ● S	10 AM - 12 PM	7 AUG
 CREATIVE KIDS - HAVING FUN WITH ART! (7 yrs +)	 M T ● T F S S	4 PM - 5:30 PM	14 JUL - 15 SEP
SKETCHING FOR CHILDREN (8yrs +)	 M T W ● F S S	4 PM - 5:30 PM	15 JUL - 16 SEP
SEPTEMBER SCHOOL HOLIDAY PROGRAMS - MORE INFO COMING SOON			20 SEP - 1 OCT
 COOKING WORKSHOPS	 M T ● T F S S	6:30 PM - 8:30 PM	14 JUL (PAELLA) 18 AUG (PASTA MAKING) 15 SEP (RICE PAPER ROLLS)
MONEY MANAGEMENT FOR LIFE!	 M T W ● F S S	6 PM - 8 PM	22 JUL - 2 SEP

COURSE / ACTIVITY	DAY	TIME	DATE
FRENCH CONVERSATION CLASSES	 M T W T ● S S	10 AM - 12 PM	16 JUL - 17 SEP
ART CLASSES	 M T W ● F S S	10:30 AM - 12:30 PM OR 1 PM - 3 PM	15 JUL - 16 SEP
 WATERCOLOUR PAINTING	 M ● W T F S S	10 AM - 12 PM	13 JUL - 14 SEP
DRAWING & PAINTING	 M T W ● F S S	7:30 PM - 9:30 PM	15 JUL - 16 SEP
PATCHWORK & APPLIQUE	 M T ● T F S S	9:30 AM - 12 PM	14 JUL - 15 SEP
EXPRESSIVE OPEN ART STUDIO	 M T ● T F S S	6:30 PM - 8:30 PM	14 JUL - 15 SEP
INTRO TO MOSAICS	 M T W T F ● S	10 AM - 1 PM	28 AUG - 18 SEP
MOSAICS - SELF DIRECT GROUP	 M T W T ● S S	9 AM - 2 PM	16 JUL - 17 SEP
 PUNCH NEEDLE EMBROIDERY	 M T W T F ● S	10 AM - 12 PM	14 AUG
STRENGTH TRAINING	 M ● T ● T F S S	MON: 12:45 PM - 1:45 PM MON: 2 PM - 3 PM WED: 11:45 AM - 12:45 PM WED: 1 PM - 2 PM	12 JUL - 13 SEP 14 JUL - 15 SEP
YOGA & RELAXATION	 M ● T ● T F S S	MON: 6:30 PM - 7:45 PM MON: 8 PM - 9:15 PM WED: 5:30 PM - 6:45 PM WED: 8 PM - 9:15 PM	12 JUL - 13 SEP 14 JUL - 15 SEP
 PRACTICAL MEDITATION	 M T ● T F ● S	WED: 5 PM - 5:45 PM SAT: 9 AM - 9:45 AM	14 JUL - 15 SEP 17 JUL - 18 SEP
 CHAIR EXERCISE	 M T W ● F S S	11:30 AM - 12:30 PM	15 JUL - 16 SEP
KNITTING GROUP	 M ● T W T F S S	1 PM - 3 PM	12 JUL - 13 SEP
SOCIAL COLOURING GROUP	 M ● W T F S S	10 AM - 12 PM	13 JUL - 14 SEP
WALKING GROUP	 M T W ● F S S	9:15AM - 10 AM	15 JUL - 16 SEP

For further information please give us a call or visit our website!

Legend



Blended delivery (online or in-person)



Online only



In-person only

Social Groups

Art & Craft

Children's Courses

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Health & Fitness

Adult Literacy & Numeracy

Vocational

General Interest

Join us at our

COMMUNITY CAFÉ

**Take a break and enjoy some
delicious drink and food!**



**Conveniently located on-site at
Vermont South Learning Centre**